



MMHA

PERSATUAN KESIHATAN MENTAL MALAYSIA

Malaysian Mental Health Association

馬來西亞精神健康協會

மலேசிய மன நல சங்கம்

Registration No: 403 (Selangor). Tax Exemption Permit No: 8278

No.8, Jalan 4/33, Off Jalan Othman, 46050 Petaling Jaya, Selangor Darul Ehsan.

Tel: 03 7782 5499 Fax:03 7783 5432 Email: admin@mmha.org.my

Website: www.mmha.org.my



## VOLUNTEER APPLICATION FORM

### Applicant Information

Name: \_\_\_\_\_

Sex: *Male / Female*

Occupation: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Highest Education Level: \_\_\_\_\_

Marital Status: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Tel. No. : \_\_\_\_\_

Email: \_\_\_\_\_

Please select the area you wish to volunteer in (put a tick at the relevant box):

<b>Client related activities *</b>	
<input type="checkbox"/>	<i>Counselling ( for registered counsellors only)</i>
<input type="checkbox"/>	<i>Communication skills</i>
<input type="checkbox"/>	<i>Language skills</i>
<input type="checkbox"/>	<i>Computer skills</i>
<input type="checkbox"/>	<i>Creative therapy</i>
<input type="checkbox"/>	<i>Music, singing or dancing</i>
<input type="checkbox"/>	<i>Art or craft work</i>
<input type="checkbox"/>	<i>Sewing, knitting</i>
<input type="checkbox"/>	<i>Cooking/baking</i>
<input type="checkbox"/>	<i>Stress management</i>
<input type="checkbox"/>	<i>Physical activities – outdoor/indoor</i>
<input type="checkbox"/>	<i>Others, specify :</i>

<b>Publicity and Events</b>	
<input type="checkbox"/>	<i>Webpage management</i>
<input type="checkbox"/>	<i>Designing promotion materials</i>
<input type="checkbox"/>	<i>Photography for events</i>
<input type="checkbox"/>	<i>Assistance during events</i>
<input type="checkbox"/>	
<b>Newsletter and publication works</b>	
<input type="checkbox"/>	<i>Editorial work</i>
<input type="checkbox"/>	<i>Proof reading</i>
<input type="checkbox"/>	<i>Developing educational materials</i>
<input type="checkbox"/>	<i>Translation – Malay, Mandarin, Tamil</i>
<b>Others, please specify</b>	
<input type="checkbox"/>	

\*Note: Client-related activities are held at the centre from 9.00am-4.00pm on Mondays to Fridays. Each of the session is between 1-3 hours.

Area you selected and why? \_\_\_\_\_

When are you available to volunteer?

Days available: \_\_\_\_\_

Preferred Time: \_\_\_\_\_

Period: from \_\_\_\_\_ to \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Thank you for your application and offer to volunteer. We will contact you to work out the schedule if there is a fit between your offer and our needs, as we may already have other volunteer(s) offering the same service.

### **For Official Use Only**

Approved by: \_\_\_\_\_  
(Executive Secretary)

Date: \_\_\_\_\_

**Kindly send completed form to us by email, post or fax in the address provided above.**